

Bible Project Video

Judges Overview: <https://bibleproject.com/explore/video/judges/>

Week 15

April 13 - April 19, 2026

BIBLE STUDY COMPANION GUIDE

Main Sermon Passage

Judges 2:10-19

Study Passages of the Week

Judges 1–6, 13–16; Psalm 31

Theme or Focus

Judges 1–6 and 13–16 depict Israel’s life in the land after Joshua’s generation, marked by a repeating cycle: forgetting the Lord, falling into sin, experiencing oppression, crying out, and being delivered by a judge. Historically, this period reflects a decentralized Israel without a king, where “everyone did what was right in their own eyes.” The failure to fully drive out surrounding nations leads to spiritual compromise and idolatry.

These chapters introduce key judges such as Deborah, Gideon, and Samson, each raised up by God as instruments of deliverance. Yet even these leaders are flawed, highlighting the incomplete and temporary nature of their salvation. Theologically, the book exposes the depth of human sin and the insufficiency of partial obedience. It points to the need for a greater, faithful deliverer who can break the cycle permanently.

Psalm 31 complements this theme by expressing trust in God as a refuge amid distress. The psalmist cries out for deliverance but ultimately declares confidence in God’s steadfast love and faithfulness. This reflects the proper response Israel often failed to sustain consistent trust rather than cyclical rebellion. Together, these passages reveal a sobering picture of human brokenness alongside God’s persistent mercy. They underscore the need for lasting rescue beyond temporary deliverers.

Memory Verse

Judges 2:16 - *“Then the LORD raised up judges, who saved them out of the hands of these raiders.”*

How does Psalm 31 model a different response to distress than Israel often showed?

Fill in the Blanks

A new generation arose that did not _____ the LORD. (Judges 2)

Israel did what was _____ in their own eyes. (Judges theme)

God raised up _____ to deliver His people.

Samson was set apart as a _____ from birth. (Judges 13)

“Be strong and take _____, all you who hope in the LORD.”
(Psalm 31)

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Reflection & Discussion

What pattern of behavior defines Israel’s life in Judges 1–6?

Why were the judges unable to provide lasting transformation for Israel?

How does incomplete obedience contribute to Israel’s ongoing struggles?

What do the lives of Gideon and Samson reveal about flawed leadership?