

Week 6

February 9-15, 2026

BIBLE STUDY COMPANION GUIDE

Bible Project Video

Moses and Aaron: <https://bibleproject.com/explore/video/moses-aaron>



Main Sermon Passage

Exodus 14:10–31

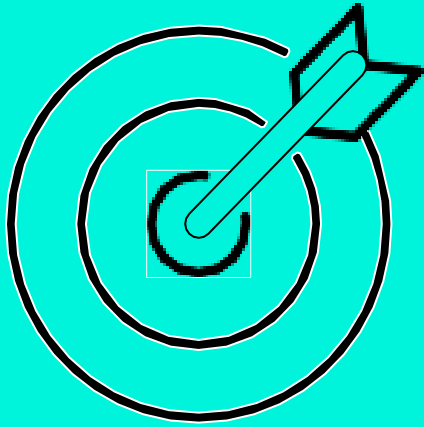
Study Passages of the Week

Exodus 7–13, 15; Psalm 22

Theme or Focus

This week centers on the miraculous parting of the Red Sea and God's ultimate act of deliverance for the Israelites from Egyptian slavery. Chapters 7–13 recount the escalating plagues as God confronts Pharaoh's resistance. The crossing of the sea is both a historical and theological turning point, symbolizing salvation and baptism.

Psalm 22, often associated with suffering and later echoed in Jesus' crucifixion, provides a powerful framework to reflect on divine rescue and human lament. The celebration of Exodus 15 (The Song of the Sea) closes the section with worship in response to God's mighty act.



Memory Verse

“The Lord will fight for you; you need only to be still.” – Exodus 14:14

Reflection & Discussion

What does the Red Sea moment teach you about fear and faith?

Why do you think God led the Israelites into what seemed like a trap?

In what ways does this story represent a spiritual “crossing” in your life?

What is your Egypt? What has or is God delivering you from?

How does Psalm 22 help you reflect on trust in suffering?

Fill in the Blanks

The Israelites passed through the sea on _____.

Pharaoh’s army was _____ in the sea.

God led the people by a pillar of _____ and _____.

The final plague was the death of the _____.

Psalm 22 begins, “My God, my God, why have you _____ me?”