

WEEK 1 • JANUARY 5–11, 2026

BIBLE STUDY COMPANION GUIDE

Main Sermon Passage

Genesis 1:1–2:3



Study Passages of the Week

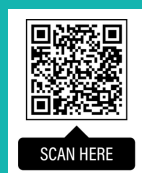
Genesis 1–3; Psalm 1

Overview

Genesis opens with two powerful and complementary accounts of creation. Genesis 1:1–2:3 presents an ordered, poetic description of God's creative activity across six days, culminating in the Sabbath. This account emphasizes God's sovereignty, intention, and the goodness of all creation. Genesis 2–3 offers a more intimate depiction of humanity's formation and early relationship with God. It introduces themes of choice, free will, and disobedience, with Adam and Eve's fall representing the brokenness that enters the human story. These chapters portray God's creation, the origin of humanity, and the entrance of sin and death through disobedience. It introduces central biblical themes: creation, covenant, freedom, temptation, and fall.

Psalm 1 is the gateway into the entire Book of Psalms. It contrasts the way of the righteous, those who delight in God's instruction, with the path of the wicked. This Psalm encourages readers to become like a deeply rooted tree, nourished by God's Word. Together, these readings establish the tone for the entire year: God as Creator, humanity's dignity and fall, and the call to a life grounded in divine wisdom. This chapter serves as a moral introduction to the Psalms, contrasting those who live by God's instruction with those who reject it. It echoes Edenic imagery, a tree flourishing near water, hinting at restoration of divine blessing through righteousness.

BibleProject Video



<https://bibleproject.com/explore/video/genesis-1-11/>

Reflection & Discussion

- In what ways do these creation stories shape your view of God?
- What does it mean for you to be made in the image of God?
- How does the story of the Fall help us understand brokenness in the world today?
- What spiritual disciplines help you stay rooted like the tree in Psalm 1?
- What stands out to you about God's rhythm of work and rest?

Fill in the Blanks

1. God created the world and called it _____.
2. Humanity is made in the _____ of God.
3. The serpent tempted Eve to eat from the tree of _____.
4. God rested on the _____ day.
5. Psalm 1 compares the righteous person to a _____ planted by streams of water.

Memory Verse

"Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, but whose delight is in the law of the Lord, and who meditates on his law day and night." - Psalm 1:1-2

